

<b>Sunday</b>	
10:00 am BS/2 <sup>nd</sup>	<b>Berkeley</b> – <i>Sunday Morning, Wake-up (60m)</i> 1744 University Ave. (McGee), Room 210 (Upstairs)
10:00 am STS/1 <sup>st</sup>	<b>Oakland</b> – <i>It Works How and Why (90m)</i> Kaiser Hospital, 3801 Howe Street. (At 40th St.) Fabiola Bldg. in basement, Room G27
1:00 pm	<b>Alameda (WA)</b> – <i>Outer Circle (60m) Jun-Sep</i> Crown Memorial Beach, @ Otis near bath house.
3:00 pm SD/Last	<b>Oakland (WA)</b> – <i>Double Trouble Group (105m)</i> E. Oakland Recovery Center (Eastmont Mall) 7200 Bancroft Ave, Suite # 176
4:00 pm SD/All	<b>Newark</b> – <i>Expect a Miracle (90m)</i> Second Chance Inc., 6330 Thornton (Cherry)
6:00 pm SD/4 <sup>th</sup>	<b>Hayward</b> – (WA) <i>Thru Crew Meeting (Kaiser) (90m)</i> 27303 Sleepy Hollow Ave S (W. Tennyson), Rm M2
6:30 pm D/1 <sup>st</sup> /3 <sup>rd</sup>	<b>Berkeley (WA)</b> – <i>Ask-It-Basket (75m)</i> Good Shepherd Church – 9 <sup>th</sup> & Hearst
6:30pm S,TD <b>Last</b>	<b>Livermore (WA)</b> – <i>Reach for Recovery (75m)</i> Stanford Hospital 1111 Stanley, in Café 1 <b>Last Sunday Birthday meeting (90m)</b>
7:00 pm JFT/TD/i	<b>Alameda (WA)</b> - <i>Rough Edge (60m)</i> Episcopal Church 1700 Santa Clara Bldg. in courtyard
8:00 pm SD/ALL	<b>Fremont</b> – <i>The Unloaded (75m)</i> St. James Episcopal, 37051 Cabrillo Terrice (Thornton)

<b>Monday</b>	
12:00 pm BS	<b>Newark (WA)</b> – <i>Newark Noon (75m)</i> 1 <sup>st</sup> Presbyterian, 35450 Newark Blvd. (Cedar) in Church library
12:00 pm SS/Last	<b>Berkeley (WA)</b> – <i>The Nooners (60m)</i> 1744 University Ave. (McGee), K Hall No parking in church lot
12:00 pm D	<b>Oakland</b> – <i>400 Broadway (90m)</i> 400 Broadway (4 <sup>th</sup> St.), in the basement Note: metal detector at entrance
5:30 pm SD	<b>Oakland (WA)</b> – <i>Message of Hope (90m)</i> East Oakland Recovery Center (Eastmont Mall) 7200 Bancroft Ave, Suite # 176
5:30 pm SD	<b>Oakland</b> – <i>The Harrison Heroes (90m)</i> 1415 Harrison St. (Harrison Hotel)
7:00 pm S/TD/3 <sup>rd</sup> /YP	<b>Berkeley (WA)</b> – <i>Work The Steps or Die (75m)</i> 924 Gilman (enter on 8 <sup>th</sup> St.)
7:00 pm SD/BS	<b>Oakland</b> – <i>Lunes Latino (90m)</i> 1315 Fruitvale Ave Spanish Speaking
7:30 pm LS	<b>Alameda</b> – <i>Sicker than Most (60m)</i> Immanuel Lutheran 1910 Santa Clara Ave. (Chestnut) Rm 209
7:30 pm GL/Rotating 4 <sup>th</sup>	<b>Hayward</b> – <i>Rainbow of Recovery (75m)</i> 22577 Bayview Ave.

<b>Monday, continued</b>	
7:30 pm S/T	<b>Fremont (WA)</b> – <i>Stepping Fearlessly (60m)</i> 38801 Blacow Rd. (Brophy Dr)
7:30 pm BS/SD	<b>Oakland (WA)</b> – <i>The Downtowners (90m)</i> The Savoy, 1424 Jefferson, 1 <sup>st</sup> Floor, left of elevator
7:30 pm SD/1 <sup>st</sup>	<b>San Leandro (WA)</b> – <i>Monday Night Live (75m)</i> (Kaiser) 2500 Merced Rm A12 – 1st floor
8:30 pm TD	<b>Oakland</b> – <i>Tag Yer It! – (60m)</i> Near Kelly Moore Paint, 479 42 <sup>nd</sup> St (Telegraph)

<b>Tuesday</b>	
8:00 am SD	<b>Oakland</b> – <i>Rested Minds (90m)</i> East Oakland Recovery Center (Eastmont Mall) 7200 Bancroft Ave, Suite # 176
12:00 pm TS/Last	<b>Berkeley (WA)</b> – <i>The Nooners (60m)</i> 1744 University Ave. (McGee), K Hall no parking in church lot
12:00 pm SS/D	<b>Newark (WA)</b> – <i>Newark Noon (75m)</i> 1 <sup>st</sup> Presbyterian, 35450 Newark Blvd. (Cedar) In the Library
12:00 pm SD	<b>Oakland</b> – <i>400 Broadway (90m)</i> 400 Broadway (4 <sup>th</sup> St.), in the basement note: metal detector at entrance
5:30 pm BS/GL	<b>Oakland (WA)</b> – <i>Just for Today (90m)</i> (Open to all) East Oakland Recovery Center (Eastmont Mall) 7200 Bancroft Ave, Suite # 176
6:00 pm	<b>Oakland - Newcomer Orientation (60m)</b> Kaiser ARMS 380 West McArthur Blvd Rm 2 Enter on Shafter Ave. <b>Meets 3rd wk only</b> <b>Please, Do not park in building parking lot</b>
6:30 pm SD/B Rotating	<b>San Leandro</b> – <i>Mulford Garden (60m)</i> 13055 Aurora Dr. (Off 880 Marina Blvd. West)
7:00 pm SD/Last	<b>Oakland (WA)</b> – <i>Back to Life (60m)</i> Kaiser ARMS 380 West McArthur Blvd Rms 5A-B Enter on Shafter Ave. <b>Please do not park in building parking lot.</b>
7:00 pm STS	<b>Alameda</b> – <i>It Works (60m)</i> Immanuel Lutheran, 1910 Santa Clara (Chestnut) (Rm 209)
7:00 pm TD/JFT/i	<b>Berkeley (WA)</b> – <i>11<sup>th</sup> Step Meditation (60m)</i> 7 <sup>th</sup> Day Adventist Church, 2236 Parker St.
7:00 pm SD/ALL	<b>Livermore (WA)</b> – <i>Backroads (90m)</i> 557 Olivina Ave (Portola) take first driveway
7:00 pm SD	<b>Oakland</b> – <i>Living' Right Tuesday Night (90m)</i> 5726 International Blvd., Red Church in the basement
7:15 pm GL/SD/L/ ALL	<b>Oakland</b> – <i>Reading Rainbow (75m)</i> LGBTQ Center 3701 Lakeshore Ave. Enter on Rand.
7:30 pm LC/ALL	<b>Fremont</b> – <i>Living Clean w/ Chronic Pain (60m)</i> 33801 Blacow Rd. (Brophy Dr.) Judgement Free Zone

<b>Tuesday, continued</b>	
7:30 pm SD/2 <sup>nd</sup>	<b>Fremont (WA)</b> – Seeking Recovery (90m) United Methodist Church, 2950 Washington Blvd.
8:00 pm SD/i/1 <sup>st</sup>	<b>Berkeley (WA)</b> – <i>Tuesday Night Candlelight (90m)</i> 1744 University Ave. (McGee) K Hall
8:00 pm Rotating/2 <sup>nd</sup>	<b>Hayward</b> – <i>Ladies Night Out (75m)</i> Second Chanc5e, Inc. 107 Jackson St.
8:00 pm S	<b>Pleasanton (WA)</b> – <i>2 Speakers, 1 Candle (75m)</i> Inklings Coffee Shop on Main St. <b>1st Tues. only</b>

<b>Wednesday</b>	
11:00 am BS	<b>Oakland (WA)</b> – <i>Living Clean Just for Today (90m)</i> 7200 Bancroft Suite 267 (Eastmont Mall)
12:00 pm JFT/TD/ LAST	<b>Berkeley (WA)</b> – <i>The Nooners (60m)</i> 1744 University Ave. (McGee), K Hall no parking in church lot
12:00 pm LC	<b>Newark (WA)</b> – <i>Newark Noon (75m)</i> 1 <sup>st</sup> Presbyterian, 35450 Newark Blvd. (Cedar) In the Library
12:00 pm LS/1 <sup>st</sup>	<b>Oakland</b> – <i>400 Broadway (90m)</i> 400 Broadway (4 <sup>th</sup> St.), in the basement note: metal detector at entrance
6:45pm Rotating/ All SP	<b>Oakland (WA)</b> – Reunión en Español – <i>Nuevo Comienzo (75m)</i> – Spanish Speaking Meeting Moving soon check online to get new address and more information
7:00 pm W (kid Friendly)	<b>Alameda</b> – <i>Girls' Night Out (90m)</i> First Congregational Church, 1912 Central Ave. (Chestnut) Down ramp in basement
7:00 pm M/TD	<b>Berkeley</b> – <i>Men in Recovery (60m)</i> Unitarian Universal Church, 1606 Bonita (Cedar)
7:00 pm BS/SD	<b>Oakland (WA)</b> – <i>Our Common Welfare (90m)</i> 9800 MacArthur Blvd. (Bldg Closed on Holidays)
7:00 pm W/Rotating	<b>Oakland (WA)</b> – <i>Sistahs Recovering Together (90m)</i> 5726 International Blvd, Red Church (Seminary)
7:00 pm SD/YP/ ALL	<b>Pleasanton (WA)</b> – <i>Good Vide Tribe (90m)</i> Trinity Lutheran Church, 1225 Hopyard Rd. (On Golden, parking in front lot by portables only)
7:00 pm SP	<b>San Leandro (WA) Nuevo Comienzo (90m)</b> Kaiser, 2500 Merced St, Conf Rm 14-17
7:30 pm SD/4 <sup>th</sup>	<b>Berkeley (WA)</b> – <i>Wednesday Night Special (90m)</i> Phillips Temple C.M.E., 3332 Adeline (63 <sup>rd</sup> ) Church Fellowship Hall
7:30 pm LC/ Rotating	<b>Berkeley (WA)</b> – <i>Recovery on Campus (60m)</i> Barrows Hall Rm 475, U.C. Campus. South side of campus off Barrows Lane off Bancroft Way
7:30 pm SD/C/3 <sup>rd</sup>	<b>Castro Valley</b> – <i>Addicts-R-Us (75m)</i> 20121 Santa Maria Avenue
7:45 pm SD/4 <sup>th</sup>	<b>Union City (WA)</b> – <i>Windows to Recovery (90m)</i> Kaiser, 3555 Whipple Rd, Bldg. B, 3 <sup>rd</sup> floor
8:00 pm CM/JFT/4 <sup>th</sup>	<b>Fremont (WA)</b> – <i>The Antidote (90m)</i> St. James Episcopal, 37051 Cabrillo Terracen (Thornton)

<b>Thursday</b>	
8:00 am SD	<b>Oakland</b> – <i>Rested Minds (90m)</i> East Oakland Recovery Center (Eastmont Mall) 7200 Bancroft Ave, Suite # 176
12:00 pm BS/Last	<b>Berkeley (WA)</b> – <i>Nooners–Living Clean (60m)</i> 1744 University Ave. (McGee), K Hall no parking in church lot
12:00 pm SD	<b>Newark (WA)</b> – <i>Newark Noon (75m)</i> 1 <sup>st</sup> Presbyterian, 35450 Newark Blvd. (Cedar) Library
12:00 pm SD	<b>Oakland</b> – <i>400 Broadway (90m)</i> 400 Broadway (4 <sup>th</sup> St.), in the basement note: metal detector at entrance
<b>6:00 pm</b> <b>S/D</b>	<b>Oakland (WA)</b> – California My Way (90m) 3501 San Pablo Ave.
6:30 pm Rotating	<b>San Leandro</b> – <i>Somewhere We Belong (60m)</i> 1 <sup>st</sup> United Methodist, 1600 Bancroft Avenue Wesley Room, Park on Street
6:30 pm SD/SS	<b>Richmond</b> – <i>The Basics – Steps &amp; Traditions in the Richmond Annex (60m)</i> 5732 Jefferson Ave
7:00 pm SD/4 <sup>th</sup>	<b>Alameda</b> – <i>B.A.D. Group (90m)</i> Immanuel Lutheran, 1910 Santa Clara St. (Chestnut) Rm 209
7:00 pm Rotating/3 <sup>rd</sup>	<b>Hayward</b> – <i>Courage to Change (75m)</i> 475 Medford Ave.
7:30 pm TD/i/JFT	<b>Berkeley</b> – <i>Hakuna Matata (75m)</i> 1744 University Ave. (McGee), Rm 210 Upstairs
7:30 pm M/SD/CM/ 3 <sup>rd</sup>	<b>Fremont (WA)</b> – <i>The Local Men's Meeting (60m)</i> 1 <sup>st</sup> United Methodist, 2950 Washington Blvd.
8:00 pm L/ALL	<b>San Leandro (WA)</b> – <i>Recovery at Work (RAW) (90m)</i> Kaiser, 2500 Merced, 1st floor – Rm A13

<b>Friday</b>	
10:00 am	<b>Berkeley (WA)</b> – <i>Keep Coming Back (60m)</i> Drop-In Center 3234 Adeline St (Harmon St)
12:00 pm L/D Last	<b>Berkeley (WA)</b> – <i>Nooners (60m)</i> 1744 University Ave. (McGee), K Hall no parking in church lot
12:00 pm SWG/All	<b>Newark (WA)</b> – <i>Newark Noon (75m)</i> 1 <sup>st</sup> Presbyterian, 35450 Newark Blvd. (Cedar) Library
12:00 pm STCS	<b>Oakland</b> – <i>400 Broadway (90m)</i> 400 Broadway (4 <sup>th</sup> St.), in the basement note: metal detector at entrance
2:00 pm LS,	<b>Oakland (WA)</b> – <i>Another Change (75m)</i> Veteran's Outpatient Clinic, 525 21 <sup>st</sup> Street (Closed for Federal Holidays)
6:00 pm SD	<b>Oakland (WA)</b> – <i>The Knucklehead Meeting (90m)</i> East Oakland Recovery Center (Eastmont Mall) 7200 Bancroft Ave, Suite # 176

**Friday list continued on the next page**

**Friday, continued**

7:00 pm **Berkeley (WA) – Women’s Meeting (75m)**  
W/D Good Shepherd Church – 1823 9<sup>th</sup> St. (Hearst)  
1<sup>st</sup>/4<sup>th</sup> or Last

7:00 pm **Oakland (WA) – You Gotta Want it. (75m)**  
SD/2<sup>nd</sup> St. Columba’s Church, 6401 San Pablo Ave.  
Enter on Ocean

7:00 pm **Oakland (WA) – Living Clean For All (60m)**  
BS/LGBT United Methodist Church, 1330 Lakeshore Ave.

7:15 pm **Hayward (WA) – Old School Meeting**  
SD/4<sup>th</sup> Kaiser, 27303 Sleepy Hollow Ave S  
(W. Tennyson) Rm M2

7:15 pm **San Leandro (WA) – Friday Night Grace (75m)**  
SD/Last Grace Baptist, 16105 Mateo St.  
( at 162nd behind Thrift Town)

**7:30 pm Fremont – Womens Meeting (90m)**  
W/SD/CM/i/ Niles Discovery Church 36600 Niles Blvd  
3<sup>rd</sup> (Non-Smoking)

8:00 pm **Livermore (WA) ASL – Steppin’ Young (60m)**  
SD/1<sup>st</sup>/3<sup>rd</sup> Trinity Baptist, 557 Olivina Ave. (2<sup>nd</sup> Driveway)

8:00 pm **Oakland – Friday Night Live (90m)**  
SD/4<sup>th</sup> Summit Hosp. 3100 Summit St. (Hawthorn)  
1<sup>st</sup> Floor Cafeteria

10:00 pm **Fremont (WA) – Freak & Tweak (75m)**  
CM/TD/M/ St. James Episcopal, 37051 Cabrillo Terrace  
ALL (Thornton) Room C

**Saturday**

8:30 am **Newark (WA) – AM-NA (75m)**  
JFT/LC/ALL Second Chance, 6330 Thornton (Cherry) Rm #2

10:00 am **Berkeley (WA) – End of the Road (75m)**  
GL/TG/JFT 1744 University Ave. (McGee), F Hall

10:00 am **Livermore (WA) – Saturday Morning Serenity (90m)**  
JFT/ALL Trinity Baptist Church, 557 Olivina Ave.  
Bldg. C (1<sup>st</sup> Driveway)

10:00 am **San Lorenzo – Surviving the Odds (75m)**  
M/SD 180 Lewelling Blvd.

1:30 pm **Oakland (WA) – The No Matter What Club (90m)**  
SD East Oakland Recovery Center  
7200 Bancroft Ave (Eastmont Mall)

3:00 pm **Oakland (WA) – No Matter What (90m)**  
SD/1<sup>st</sup> Kaiser, 3801 Howe Street (40th St.)  
Fabiola Bldg., in basement, Room G27

4:00 pm **Newark – The Eleventh Step (90m)**  
SWG Second Chance, 6330 Thornton (Cherry) Suite B

5:00 pm **Alameda – Recovery on the Island (60m)**  
BS 1910 Santa Clara (Chestnut), Upstairs Rm 209

7:00 pm **Berkeley (WA) – Open to All (60m)**  
BS Good Shepherd Episcopal Church, 1823 9<sup>th</sup> St.  
(Hearst) Parish House in the rear

7:00 pm **Berkeley – One Primary Purpose (75m)**  
SD/4<sup>th</sup> 1744 University Avenue (McGee) 210 Upstairs

7:00 pm **Dublin (WA) – Saturday Night Serenity (70m)**  
L/JFT/last St. Phillips Lutheran, 8850 Davona (Pizza)

**Saturday, continued**

8:00 pm **Newark (WA) – Get to Steppin’ (60m)**  
S/T/All Second Chance, 6330 Thornton Ave., Suite B

8:00 pm **San Lorenzo (WA) – The Garage (90m)**  
SD/1<sup>st</sup> s 945 Paseo Grande, Room 9

9:00 pm **Oakland – Living Well (60m)**  
Sd/TD/1 Presbyterian Church, 5951 College Ave.

10:00 pm **Fremont (WA) – Get Dialed In (75m)**  
SD/i/3<sup>rd</sup> St. James Episcopal, 37051 Cabrillo Terrace  
(Thornton) Main Room

**Meeting Legend**

D	Discussion	M	Men’s Meeting
TD	Topic/Discussion	W	Women’s Meeting
SD	Speaker/Discussion	i	Candlelight Meeting
GL	Gay/Lesbian	New	Newcomer’s Meeting
CM	Closed Mtg (addicts only)	SP	Spanish Speaking Mtg
SM	Speaker Meeting	(WA)	Wheelchair Access
ASL	Am. Sign Language	YP	Young People’s Mtg
TG	Transgender	GNC	Gender Nonconforming

1<sup>st</sup>,2<sup>nd</sup>,3<sup>rd</sup>,4<sup>th</sup>,All,Last = Week of month for medallions/keytags/chips

Study Meetings: xS (ex: BS, SS, LS, etc.)

T	Tradition	S	Step
B	Book	L	Literature
C	Concept	SWG	Step Working Guide
LC	Living Clean	JFT	Just For Today

All Narcotics Anonymous Meetings in Alameda County are “Open” unless otherwise noted – Anyone may attend.

**Other NA Contacts**

	Phoneline:	Websites:
Area de Habla Hispana	855-667-2262	horcana.org
Contra Costa County	925-685-4357	contracostana.org
Greater San Jose	408-998-4200	sjna.org
San Mateo/Peninsula	650-802-5950	peninsulana.org
San Francisco	415-621-8600	sfna.org
Marin	415-456-1292	mcfna.org
Santa Cruz	831-429-7436	scnapi.org
Modesto/Central Valley	888-942-9922	svгна.com
Tracy/Stockton	209-464-9262	cvnna.org
Southern Cal. RSO	626-359-0084	todayna.org
Northern Cal RSO	707-422-9234	norcalna.org
NA World Services	818-773-9999	na.org

Anyone interested in being a phoneline volunteer please come to the PR meeting listed on the back or email support @ naalamedacounty.org.

**Area Service Committees & Subcommittee Meetings**  
**East Bay North**

Area Service Committee (ASC)  
4th Sunday 1744 University (McGee), Berkeley  
12:00 pm New GSR Orientation 11:30 am

Activities Subcommittee  
Currently no contact

Outreach Subcommittee  
Contact Annie S. 404- 556-6596

**Mission Peak**

Area Service Committee (ASC)  
1<sup>st</sup> Sunday 945 Paseo Grande, San Lorenzo  
2:00 pm Contact Roger S. 510- 731-9009 for info  
New GSR Training 1pm

ASL Subcommittee  
Contact Aldeana V.P. 925-667-1889 for info

Merchandise Subcommittee  
Contact Steve T. (Chair) 925-250-3666  
Akil L (Vice Chair) 510-355-7584

Womens Campout  
Contact Carrie H. 510-516-5233

Newsletter Committee  
Contact Apple S. 510-610-1784  
submissions to missionpeaknl@gmail.com

Outreach  
2nd Tues. Southland Mall downstairs in food court  
6:30 pm Contact Larnelle S. 209-423-6936  
Larnellemariesanchez@gmail.com

**East Bay Central**

Area Service Committee (ASC)  
3<sup>rd</sup> Saturday Plymouth United Church of Christ, 424 Monte  
10:00 am Vista Avenue, Oakland (Oakland Ave)  
Free parking onsite. AC Transit Bus #11  
New GSRs Orientation at 9:30 am

Activities Subcommittee  
1<sup>st</sup> & 3<sup>rd</sup> Sun 7200 Bancroft Ave (Eastmont Mall)  
5-7 pm Contact Vince G (510) 229-8859

Outreach Subcommittee  
Contact Annica S (925) 285-5972 for info

**Tri-Area Shared Services**

Hospitals & Institutions (H&I)  
3<sup>rd</sup> Monday 432 Estudillo Ave, San Leandro  
7:00 pm (New members come at 7 pm)  
Contact Ron F 925-337-4240 for more info

Public Relations Subcommittee  
4<sup>th</sup> Sunday 540 23rd St, Oakland  
4:00 pm Contact John N. 510-776-7561 for more info  
or support@naalamedacounty.org

Unity Day Subcommittee  
1<sup>st</sup>&3<sup>rd</sup> 180 Lewelling Blvd., San Leandro for more info  
Thurs contact Luis B 510 847-1749

**Narcotics Anonymous**  
**Alameda County Tri-Area**  
**Meeting Directory**  
**May-June 2019**  
(revised 5/17/19)



**For Most Current Info Use Website**  
**www.444hope.org**

**24 Hour Helpline #**  
**510-444-HOPE (4673)**  
**855-667-2262 (Español)**

To Contact the Public Relations Subcommittee:  
P.O. Box 28022 Oakland, CA 94604-8022  
support@naalamedacounty.org  
**Report meeting changes to your ASC:**  
MP: PR Liaison / EBC, EBN: Outreach Chair

**Phone Numbers**

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